

B A B Y S T A Y & P L A Y

A place for parents/carers with children
who are from newborn stage to learning to walk



What to expect:

- Free parent/carer and baby group
- Warm and welcoming environment
- Play with your baby
- Meet and chat with other parents
- Chance for babies to make friends
- Facilitated group with helpful tips
- Monthly talks by visiting professionals on topics important to you (i.e. sleep, weaning, speech, motor development etc.)
- Tea and coffee.

D E T A I L S

Where:

When: Time:

Other Information (if applicable)

Topic:

Guest Speaker:



Benefits of a Baby Stay and Play Group:

Baby

- Promotes a child's well-being and healthy development through play.
- Opportunity to play alongside other babies.

Parent

- Opportunity to meet and socialise with other parents.
- Access to a range of trained professionals – speech and language, physiotherapist, public health nurse, weaning specialist – who are willing to answer any of your questions.

All Mams, Dads,
Grandparents and
Carers Welcome

Just Drop In

Interested?

If you would like more information on your nearest baby stay and play group, please contact Better Finglas by:

Phone: 01 864 2941 | Email: abcfinglas@barnardos.ie | www.betterfinglas.org

Facebook: facebook.com/betterfinglasireland

Address: St. Malachy's M.N.S, St. Helena's Rd., Finglas, Dublin 11

The **A**rea **B**ased **C**hildhood Programme
2013 – 2017